

Panevėžys “Žemyna” Olympians Swimming Cup 2025

October 24–25, 2025

Organizers

The competition is organized in accordance with the regulations of Panevėžys “Žemyna” Progymnasium and Panevėžys Swimming Club Vandenis.

- Competition Director / Head Coach: Mr. Aivaras Šaulianskas, e-mail: aiwaxl@gmail.com

- Competition Secretary: Ms. Guoda Jonelytė-Lukošienė, e-mail: guodziuka@gmail.com

Age Groups

- Group I: Girls (2008–2011), Boys (2007–2010)

- Group II: Girls (2012 and younger), Boys (2011 and younger)

Competition Programme

COMPETITON PROGRAM	
October 24 (Friday)	October 25 (Saturday)
Workout 3.15 pm	Workout 9.15 am
Competition 4.00 pm	Competition 10.00 am
100 m free style	50 m free style
200 m breaststroke	100 m breaststroke
100 m butterfly	200 m butterfly
200 m backstroke	100 m backstroke
200 m medley	200 m free style

Awards

- Winners in each event will be awarded medals.
- Cups will be presented to the top three overall results in each age group (boys and girls), determined by the sum of two best performances according to FINA points.

Rules and Regulations

- Venue: Panevėžys “Žemyna” Progymnasium Swimming Pool, Ramygalos St. 99, Panevėžys, Lithuania.
- The competition will be conducted in compliance with FINA and Lithuanian Swimming Federation regulations. The one-start rule shall apply.
- Each athlete may participate in a maximum of two events per day.
- A valid medical certificate is required for participation.
- Entry fee: €20 for the entire competition (€10 per day). All expenses are borne by the participants or the delegating organization.
- Team leaders are fully responsible for the discipline and behaviour of their athletes during the competition and free time. Submission of applications constitutes acceptance of all competition regulations.
- As a public event, photography, filming, and dissemination of information via social media are permitted.
- All participants (athletes, coaches, officials, and spectators) must comply with the safety regulations established by the Government of the Republic of Lithuania. Internal swimming pool regulations are binding throughout the competition.
- Athletes shall be admitted to the pool premises no earlier than 15 minutes prior to the beginning of the warm-up.
- The organizers reserve the right to modify the warm-up or competition schedule if required.
- Athletes absent from the awards ceremony may forfeit their right to prizes.

Applications

- Confirmation of participation must be submitted no later than October 16, 2025, 20:00 to: aiwaxl@gmail.com. Upon confirmation, an entry file in “Entry Editor” format will be provided.

- Completed technical entry forms must be sent to guodziuka@gmail.com no later than October 20, 2025, 21:00.
- Changes to entries may be submitted until October 22, 2025, 18:00.
- Withdrawals must be submitted by October 23, 2025, 18:00.

Contact

Chairman of Panevėžys Swimming Club Vandenis

Mr. Aivaras Šaulianskas

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