

Lietuvos plaukimo žiemos pirmenybės  
Alytus, 16- - 18-2-2023

Event 35 Men, 400m Freestyle Open  
2023-02-18 - 17:42 Results Finals

Lithuanian Age Group Records - 16	3:57.12	Povilas, STRAZDAS	VMSC	Berlin (GER)	2013
Lithuanian Age Group Records - 14	4:08.52	Povilas, STRAZDAS	VMSC	Alytus	2011
Lithuanian Age Group Records - 12	4:29.24	Mykolas, TUSKENIS	VMSC	Kaunas	2022
Lithuanian Records	3:43.36	Danas, RAPSYS	PZEM	Budapest (HUN)	2019

Varžybų normatyvai 50m: 4:47.18 - 25m: 4:36.97

Points: FINA 2023

Rank			YB			Time	Pts	
<b>Final A</b>								
1.	Džiugas, MIŠKINIS		05	Kauno PM		<b>4:02.95</b>	743	
	50m:	28.10 28.10	150m:	1:29.38 31.08	250m:	2:31.82 31.12	350m:	3:34.04 30.67
	100m:	58.30 30.20	200m:	2:00.70 31.32	300m:	3:03.37 31.55	400m:	4:02.95 28.91
2.	Kostas, VAIŠNAS		06	Panevėžio Žemyna		<b>4:03.31</b>	739	
	50m:	28.14 28.14	150m:	1:29.31 30.92	250m:	2:32.15 31.44	350m:	3:33.75 30.63
	100m:	58.39 30.25	200m:	2:00.71 31.40	300m:	3:03.12 30.97	400m:	4:03.31 29.56
3.	Tomas, LUKMINAS		04	Panevėžio Žemyna		<b>4:10.58</b>	677	
	50m:	28.43 28.43	150m:	1:30.31 31.61	250m:	2:33.75 32.00	350m:	3:38.10 32.09
	100m:	58.70 30.27	200m:	2:01.75 31.44	300m:	3:06.01 32.26	400m:	4:10.58 32.48
4.	Tautvydas, SUTKUS		04	Panevėžio Žemyna		<b>4:12.14</b>	664	
	50m:	27.85 27.85	150m:	1:30.61 31.59	250m:	2:35.71 32.68	350m:	3:41.03 32.67
	100m:	59.02 31.17	200m:	2:03.03 32.42	300m:	3:08.36 32.65	400m:	4:12.14 31.11
5.	Matas, INGA		05	Panevėžio Žemyna		<b>4:12.78</b>	659	
	50m:	27.92 27.92	150m:	1:31.99 32.65	250m:	2:37.33 32.33	350m:	3:42.99 33.05
	100m:	59.34 31.42	200m:	2:05.00 33.01	300m:	3:09.94 32.61	400m:	4:12.78 29.79
6.	Titas, VAITUKAITIS		06	Sostinis SC		<b>4:13.17</b>	656	
	50m:	28.44 28.44	150m:	1:32.12 31.51	250m:	2:37.19 32.36	350m:	3:41.86 32.48
	100m:	1:00.61 32.17	200m:	2:04.83 32.71	300m:	3:09.38 32.19	400m:	4:13.17 31.31
7.	Matas, KAIRYS		05	Sostinis SC		<b>4:13.67</b>	652	
	50m:	28.18 28.18	150m:	1:31.26 31.92	250m:	2:36.69 32.84	350m:	3:42.62 33.08
	100m:	59.34 31.16	200m:	2:03.85 32.59	300m:	3:09.54 32.85	400m:	4:13.67 31.05
8.	Titas, ŠTUOPIS		05	Marijampolės sporto centras		<b>4:16.20</b>	633	
	50m:	28.23 28.23	150m:	1:31.88 32.08	250m:	2:37.40 32.83	350m:	3:43.88 33.31
	100m:	59.80 31.57	200m:	2:04.57 32.69	300m:	3:10.57 33.17	400m:	4:16.20 32.32
<b>Final B</b>								
9.	Giedrius, CIRTAUTAS		07	Klaipėdos Gintaro SC		<b>4:16.96</b>	628	
	50m:	29.58 29.58	150m:	1:33.96 32.44	250m:	2:39.06 32.70	350m:	3:44.86 32.91
	100m:	1:01.52 31.94	200m:	2:06.36 32.40	300m:	3:11.95 32.89	400m:	4:16.96 32.10
10.	Aikas, REMEIKA		05	Panevėžio Žemyna		<b>4:17.50</b>	624	
	50m:	29.01 29.01	150m:	1:34.28 32.77	250m:	2:40.32 33.17	350m:	3:46.37 32.83
	100m:	1:01.51 32.50	200m:	2:07.15 32.87	300m:	3:13.54 33.22	400m:	4:17.50 31.13
11.	Rokas, RAJKAUSKAS		04	Kauno SM Startas		<b>4:20.20</b>	605	
	50m:	29.06 29.06	150m:	1:34.60 33.28	250m:	2:42.77 34.40	350m:	3:49.45 32.88
	100m:	1:01.32 32.26	200m:	2:08.37 33.77	300m:	3:16.57 33.80	400m:	4:20.20 30.75
12.	Pijus, GUVENIUS		03	Kauno PM		<b>4:20.40</b>	603	
	50m:	29.65 29.65	150m:	1:34.81 32.93	250m:	2:42.41 33.62	350m:	3:49.75 33.31
	100m:	1:01.88 32.23	200m:	2:08.79 33.98	300m:	3:16.44 34.03	400m:	4:20.40 30.65
13.	Domantas, PEMP		04	Sostinis SC		<b>4:21.19</b>	598	
	50m:	28.39 28.39	150m:	1:32.20 32.28	250m:	2:38.98 33.57	350m:	3:47.15 34.15
	100m:	59.92 31.53	200m:	2:05.41 33.21	300m:	3:13.00 34.02	400m:	4:21.19 34.04
14.	Ignas, ZAVECKAS		06	Sostinis SC		<b>4:24.08</b>	578	
	50m:	29.38 29.38	150m:	1:35.72 33.66	250m:	2:45.07 35.04	350m:	3:52.38 33.63
	100m:	1:02.06 32.68	200m:	2:10.03 34.31	300m:	3:18.75 33.68	400m:	4:24.08 31.70
15.	Kajus, RIMKUS		07	Kauno PM		<b>4:25.45</b>	569	
	50m:	29.30 29.30	150m:	1:35.41 33.50	250m:	2:43.55 34.32	350m:	3:52.24 34.72
	100m:	1:01.91 32.61	200m:	2:09.23 33.82	300m:	3:17.52 33.97	400m:	4:25.45 33.21

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Event 35, Men, 400m Freestyle, Final, Open

Rank	YB						Time	Pts				
16.	Emilis, PANUMIS						<b>4:27.66</b>	<b>555</b>				
	50m:	29.56	29.56	150m:	1:36.52	33.65	250m:	2:45.78	34.41	350m:	3:55.06	34.49
	100m:	1:02.87	33.31	200m:	2:11.37	34.85	300m:	3:20.57	34.79	400m:	4:27.66	32.60