



LITHUANIAN OPEN SUMMER SWIMMING CHAMPIONSHIPS

REGULATIONS

I. VENUE & DATE

- 1.1. Venue:** Kaunas "Girstutis" swimming pool, Kovo 11-osios str. 26, Kaunas
- 1.2. Date:** 27-28 of July, 2022.
- 1.3.** Organized by the Lithuanian Swimming Federation.
- 1.4.** FINA rules are applied.
- 1.5.** Timing system "Omega".
- 1.6.** 8 lanes, 50 m swimming pool.

II. PARTICIPANTS AND STANDARDS

- 2.1.** Lithuanian and foreign athletes who meet the standards (2.4) are welcome to participate in this Summer Swimming Championships.
- 2.2.** The age of participants:
 - 2.2.1.** Boys born in 2003 and older, girls born in 2004 and older;
 - 2.2.2.** Boys born in 2004 and younger, girls born in 2005 and younger.
- 2.3.** The number of team members is not limited.
- 2.4.** Only athletes who meet the competition standards can take part in this competition (exception in 7.1.3).

GIRLS			BOYS	
25 M	50 M	EVENT	25 M	50 M
34.25	35.35	50 M FREE	30.23	31.23
1:15.06	1:17.24	100 M FREE	1:07.13	1:10.07
2:53.01	2:57.01	200 M FREE	2:35.69	2:39.81
6:06.50	6:10.48	400 M FREE	5:32.54	5:44.80
38.34	40.30	50 M BACK	33.19	35.85
1:21.99	1:25.99	100 M BACK	1:13.01	1:17.45
3:06.80	3:13.26	200 M BACK	2:45.49	2:55.35
42.66	43.91	50 M BREAST	37.71	38.76
1:33.15	1:35.79	100 M BREAST	1:23.07	1:24.96
3:30.84	3:37.95	200 M BREAST	3:08.26	3:17.60
36.41	36.49	50 M FLY	32.49	33.26
1:21.57	1:22.87	100 M FLY	1:11.82	1:13.94
3:07.40	3:10.84	200 M FLY	2:49.58	2:53.48
3:10.92	3:17.60	200 M IM	2:51.76	2:58.61

III. PROGRAMME

3.1. JULY 27 (Wednesday)

WARM-UP 10:00-10:55 BEGINNING 11:00	
EVENT	TIMED FINALS
#1 100 M FREE, <i>M</i>	AGE GROUP I, II
#2 100 M FREE, <i>W</i>	AGE GROUP I, II
#3 50 M BREAST, <i>M</i>	AGE GROUP I, II
#4 50 M BREAST, <i>W</i>	AGE GROUP I, II
#5 200 M FLY, <i>M</i>	AGE GROUP I, II
#6 200 M FLY, <i>W</i>	AGE GROUP I, II
#7 100 M BACK, <i>M</i>	AGE GROUP I, II
#8 100 M BACK, <i>W</i>	AGE GROUP I, II

3.2. JULY 28 (Thursday)

WARM-UP 09:00-9:55 BEGINNING 10:00	
EVENT	TIMED FINALS
#19 50 M FREE, <i>M</i>	AGE GROUP I, II
#20 50 M FREE, <i>M</i>	AGE GROUP I, II
#21 200 M BREAST, <i>M</i>	AGE GROUP I, II
#22 200 M BREAST, <i>W</i>	AGE GROUP I, II
#23 100 M FLY, <i>M</i>	AGE GROUP I, II
#24 100 M FLY, <i>W</i>	AGE GROUP I, II
#25 50 M BACK, <i>M</i>	AGE GROUP I, II
#26 50 M BACK, <i>W</i>	AGE GROUP I, II
#27 400 M FREE, <i>M</i>	AGE GROUP I, II
#28 400 M FREE, <i>W</i>	AGE GROUP I, II

WARM-UP 16:30-17:25 BEGINNING 17:30	
EVENT	TIMED FINALS
#9 200 M FREE, <i>M</i>	AGE GROUP I, II
#10 200 M FREE, <i>M</i>	AGE GROUP I, II
#11 100 M BREAST, <i>M</i>	AGE GROUP I, II
#12 100 M BREAST, <i>W</i>	AGE GROUP I, II
#13 50 M FLY, <i>M</i>	AGE GROUP I, II
#14 50 M FLY, <i>W</i>	AGE GROUP I, II
#15 200 M BACK, <i>M</i>	AGE GROUP I, II
#16 200 M BACK, <i>W</i>	AGE GROUP I, II
#17 200 M IM, <i>M</i>	AGE GROUP I, II
#18 200 M IM, <i>W</i>	AGE GROUP I, II

* Entry into the swimming pool is open 30 min before the beginning of the warm-up.

IV. ENTRIES

- 4.1. Entries must be submitted by no later than **24:00, 8 July, 2022.**
- 4.2. Changes/withdrawals will be accepted until **15:00, 26 July, 2022.**
- 4.3. Late entries will accepted from 24:00, 8 July to 15:00, 26 July. The fee - 30 Eur/event.
- 4.4. Submitting an extra event (not applicable to changes and withdrawals) is considered to be a late entry.
- 4.5. **No changes will be accepted after 15:00, 26 July, 2022.**
- 4.6. Entries must hold doctors' visas allowing participation in competition. Team leaders are responsible for valid allowances.
- 4.7. The entry times must cover the period from 01-01-2021 to 08-07-2022.
- 4.8. After 15:00, 26 July if an athlete due to important reasons cannot take part in the championships and wants to avoid being fined, the team leader or coach should submit a written request to the Secretary of the competition and it should be done before the beginning of the morning warm-up of the current day. The start protocols will not be changed but the organizers will have information not to apply the fine for those athletes.
- 4.9. Each organization must submit a separate Excel file of all the participating swimmers and their coaches.

4.10. Entries may be submitted as following:

Swimrankings.net online

- All athletes.
- File "entries by athlete" must be sent to lpf.paraiskos@gmail.com.

"Entry Editor"

- Entry times from 50 m pools will be seeded ahead of times from 25 m pools. In case the athlete has not result, the NT must be indicated. The submission must include: pool length, date, city (not the title of the event).
- The completed application forms (entries) must be named after the team (i. e., Kauno PM, Sostines SC).
- The results must be achieved in the competition of at least sport's school.
- The swimmers, whose achieved results mismatch with the results from the technical entry or are achieved in the event of lower level than sport school's, will start with the mark "no result".
- All entries must be sent only by e-mail: lpf.paraiskos@gmail.com.
- Entries are considered to be accepted after a confirmation (reply) is received.

V. COMPETITION

5.1. Electronic timing system will be used.

5.2. The competition is held as timed finals.

5.3. In 50 m, 100 m, 200 m events participants will compete in two age groups and will be awarded according to age groups.

5.4. In 400 m freestyle event athletes will take part max in 4 heats according to the entries. Those athletes with lower entry times will not be able to take part in this event.

5.5. Before entering the race the participant must register at the participants' judge. In case of not showing or being late the participant will not be allowed to participate in the event. Fine for missing the finals according to 7.3.

VI. AWARDS

6.1. The first three swimmers in each event will be awarded with medals.

6.2. The best swimmers in their age groups (3 girls and 3 boys) who will collect the higher amount of FINA points in two Olympic events sum total (only in individual events) will be awarded with money prizes (if an athlete achieves the best results in both groups, he/she will be awarded with a larger money prize giving another award to the athlete who is next in line).

6.2.1. I age group (3 boys, 3 girls):

- I place – 300 €;
- II place – 200 €;
- III place – 100 €.

6.2.2. II age group (3 boys, 3 girls):

- I place – 200 €;
- II place – 100 €;
- III place – 50 €.

6.3. If two or more swimmers collect the same amount of FINA points in two Olympic events the winners will be announced according to the ranking he/she has in the first, second, etc., event.

6.4. If an athlete misses the award ceremony, he/she will not receive the prize.

6.5. There might be additional prizes.

VII. FINANCIAL TERMS

7.1. Competition fee:

7.1.1. Participation fee for foreign clubs/athletes – 10 €/event.

7.1.2. Late entry – 30 €/event.

7.1.3. If an athlete does not meet standard in a certain event he/she can take part in the championships – start fee – 10 €/event.

7.2. The fee must be paid for all participants included into protocol.

7.3. Fine for missing the start (exception in 4.8) – 15 €.

VIII. PROTESTS

- 8.1. Protests are allowed only against violations of competition rules and regulations as well as in situations where the competition or participants are endangered.
- 8.2. All protests must be submitted in writing together with the deposit of 100 € no later than 20 min following the conclusion of the respective race.
- 8.3. Meet's board of appeal will process protests according to the FINA rules.
- 8.4. In case of granted protest deposit will be returned.

IX. FINAL STATEMENTS

- 9.1. Lithuanian Open Summer Swimming Championships 2022 is a public event, where videos and photos might be taken.
- 9.2. The filmed and photographed material may be published in the media and online.
- 9.3. The team leaders are responsible for:
 - following the deadlines;
 - participants' safety during arrival/departure and the competition;
 - proper behaviour of their athletes during the competition and free time.
- 9.4. By submitting application form participants agree to the Terms and Conditions of the Event.
- 9.5. There is a possibility that the participants of Lithuanian Open summer swimming championships will have to submit doping samples (more information: <https://www.antidopingas.lt/>).
- 9.6. Participants are responsible for their accomodation, catering, travel and other expenses.
- 9.7. The organizers, if necessary, have the right to change the date, time and programm of the competition.

X. CONTACTS

- 10.1. Email — [*lpf.paraiskos@gmail.com*](mailto:lpf.paraiskos@gmail.com)
 - 10.2. Results — [*www.ltuswimming.com*](http://www.ltuswimming.com)
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