



Lithuanian Open 25 m Swimming Championships 2015

Regulations

I. PLACE AND TIME

The championships will be held in Anyksciai, from 17st to 19nd of December, 2015

in the swimming pool "Bangenis" (Ažupiečių g. 1A, Anykščiai LT – 29148, Lithuania)

Beginning of the competition:

<u>17st of December</u> (Thursday):	Heats -10.30 / Finals -17.00
18 st of December (Friday):	Heats - 10.00 / Finals - 17.00
19st of December (Saturday):	Heats - 09.00 / Finals - 16.00

Entry into the swimming pool is 60 min before the beginning of the competition.

II. PARTICIPATION

Athletes from Lithuanian and swimmers from abroad. Number of swimmers in teams is not limited. Each team consisting of more than 10 swimmers has to include in their technical entry a judge.

III. PROGRAME OF THE COMPETITION

	Day 1 10.30			Day 2 10.00				Day 3 9.00			
1	200 m free	M	Q	14	400 m free	W	Q	28	400 m free	M	Q
2	100 m free	W	Q	15	200 m back	M	Q	29	200 m free	W	Q
3	50 m back	M	Q	16	100 m fly	W	Q	30	100 m fly	M	Q
4	100 m back	W	Q	17	100 m free	M	Q	31	50 m back	W	Q
5	100 m breast	M	Q	18	50 m free	W	Q	32	100 m back	M	Q
6	200 m fly	W	Q	19	200 m breast	M	Q	33	200 m IM	W	Q
7	400 m IM	M	Slo	20	200 m back	W	Q	34	50 m free	M	Q
8	50 m breast	W	Q	21	100 m IM	M	Q	35	100 m breast	W	Q
9	400 m IM	W	Slo	22	200 m breast	W	Q	36	50 m breast	M	Q
10	50 m fly	M	Q	23	200 m fly	M	Q	37	50 m fly	W	Q
11	800 m free	W	Slo	24	100 m IM	W	Q	38	200 m IM	M	Q
				25	1500 m free	M	Slo	39	4x200 m free	W	F
								40	4x200 m free	M	F
	17.00			17.00				16.00			
10	50 m fly	M	SF	18	50 m free	W	SF	34	50 m free	M	SF
8	50 m breast	W	SF	15	200 m back	M	F-B,A	31	50 m back	W	SF
3	50 m back	M	SF	22	200 m breast	W	F-B,A	36	50 m breast	M	SF
2	100 m free	W	F-B,A	17	100 m free	M	F-B,A	37	50 m fly	W	SF
5	100 m breast	M	F-B,A	20	200 m back	W	F-B,A	28	400 m free	M	F-A
6	200 m fly	W	F-B,A	21	100 m IM	M	F-B,A	29	200 m free	W	F-B,A
1	200 m free	M	F-B,A	16	100 m fly	W	F-B,A	32	100 m back	M	F-B,A

4	100 m back	W	F-B,A	19	200 m breast	M	F-B,A	33	200 m IM	W	F-B,A
7	400 m IM	M	Stro	14	400 m free	W	F-A	30	100 m fly	M	F-B,A
9	400 m IM	W	Stro	23	200 m fly	M	F-B,A	35	100 m breast	W	F-B,A
10	50 m fly	M	F	24	100 m IM	W	F-B,A	38	200 m IM	M	F-B,A
8	50 m breast	W	F	25	1500 m free	M	Stro	31	50 m back	W	F
3	50 m back	M	F	18	50 m free	W	F	34	50 m free	M	F
11	800 m free	W	Stro	26	4x100 m Medley	M	F	37	50 m fly	W	F
12	4x100 m free	M	F	27	4x100 m Medley	W	F	36	50 m breast	M	F
13	4x100 m free	W	F					41	4x100 m Medley	Mix	F

IV. QUALIFY TIMES

Women	Event	Men
31,00	50 m free	25,80
1.07,97	100 m free	56,65
2.26,64	200 m free	2.06,73
5.31,00	400 m free	4.46,99
11.23,00	800 m free	
	1500 m free	20.00,00
36,00	50 m back	31,56
1.17,80	100 m back	1.07,31
2.49,50	200 m back	2.30,00
40,40	50 m breast	33,31
1.28,30	100 m breast	1.14,27
3.09,60	200 m breast	2.50,50
34,20	50 m fly	27,76
1.17,50	100 m fly	1.02,59
2.51,00	200 m fly	2.34,50
1.16,93	100 m IM	1.03,91
2.51,48	200 m IM	2.24,04
6.10,40	400 m IM	5.26,07

V. ENTRIES

- Technical entries must be sent before 14:00 hr the 9th of December 2015.
- Last corrections can be made till 14:00 hr the 15th of December 2015.
- Entries must be submitted by e-mail lpf.paraiskos@gmail.com
- Entries must be submitted using "ENTRY EDITOR" software
- The document file of the attached application must be named as the team name
- Entries must include achieved result (if there is no result, indicate "NT"), length of swimming pool, date of achievement, city.
- Technical entry times must be based on results that can be found on the website: www.swimrankings.net
- Times indicated in entries must be achieved in period from 01/10/2014 till 09/12/2015
- Swimmers, who's achieved results mismatch with the results from technical entry or if there is no valid result, will start with mark 'NT'(no time).

VI. COMPETITON PROCEDURE

- FINA rules are applied.
- Competition results will be recorded with ALGE timing system.
- A competition is held with heats and finals.
- If more than 24 swimmers enter for the event there will be held Final "A" and Final "B".
- If 8 or less swimmers enter for the event, the Final will be held straight in the evening session.
- No more than 3 foreign swimmers will be allowed to swim in finals.

- 2 substitute swimmers for the Finals will be announced. They must arrive into call room before the final.
- The refusal form (if you want to withdraw the swimmers from the finals) must be submitted to the secretary of the competition no later than 30 min after the heats are over.
- By submitting application form participants agree to the Terms and Conditions of the Event.
- Application forms for relays with names of the swimmers must be submitted to secretary of the competition 60 min before start of the Finals.
- The swimming outfit of competitors must fulfil the FINA requirements.

VII. PROTESTS

- Protests are allowed only against violations of Competition rules and regulations as well as in situations where the Competition or participants are endangered.
- All protests must be submitted in writing with deposit of 30 EUR.
- Meet Referee will process protests according to the FINA rules.
- In case of granted protest, deposit will be returned.

VIII. AWORD

- The winners of the Lithuanian Open Swimming Championships 2015 will be determined according to the FINA rules.
- First three swimmers in each event will be awarded with medals and diplomas of the Federation.
- Only citizens of Lithuania can apply for money prices.

IX. FINANCIAL TERMS

- Competition registration fee is 10 Eur per swimmer.
- Fine for missing a start of a heat or final is 10 Eur
- Fine for missing a start of relay is **30 Eur**
- Fine for not achieving a qualifying standard is **10 Eur**

X. CONTACTS

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